



# REGIONAL INTERNATIONAL CONFERENCE OF THE WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION- INDIAN CHAPTER (WAPR-IC)

Organized in collaboration with:

Departments of Clinical Psychology  
&  
Psychiatric Rehabilitation Services  
National Institute of Mental Health and Neurosciences  
(NIMHANS), Bengaluru

5th, 6th & 7th December, 2024

**THEME:**  
**PSYCHIATRIC REHABILITATION:**  
**BEYOND THE WALLS**  
*Rights, Equity, Inclusion*

**CONFERENCE VENUE:**  
**NIMHANS Convention Centre**  
**Bengaluru, Karnataka, India**

Conference Secretariat

Organizing Chair: Prof. Jamuna Rajeswaran, Head, Dept. of Clinical Psychology, NIMHANS

Organizing Secretary: Prof. Poornima Bhola, Dept. of Clinical Psychology, NIMHANS

Joint Organizing Secretary: Dr. Himani Kashyap, Dept. of Clinical Psychology, NIMHANS

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Phone Number +91-80-26995180



## Message from the President & Hon Secretary WAPR-IC



Dear delegates and colleagues,

The goal of psychosocial rehabilitation (PSR) is to help individuals with persistent and serious mental illnesses to establish the emotional, social and intellectual skills needed to live, learn and work in the community with the least amount of professional support. The World Association for Psychosocial Rehabilitation (WAPR) is an international body that has been working in the field of psychosocial rehabilitation and recovery of persons living with mental illnesses. The Association comprises of interdisciplinary mental health professionals, people with lived experiences, family members, service users, service providers, non-governmental agencies and others interested in psychosocial rehabilitation. The WAPR is also a scientific body, a multi-disciplinary organisation and an advocacy group that works in close collaboration with the World Health Organisation, Geneva.

The Indian Chapter of the World Association for Psychosocial Rehabilitation (the WAPR-IC) was started in 1989 by the Late Prof M. Sarada Menon, who toiled for PSR throughout her life. The WAPR (IC) has grown over the years, and its main agenda is to provide to all stakeholders, a platform to voice their concerns about relevant issues concerning the rehabilitation and care of persons living with mental illness. It also strives to pave the way for advocacy for mental health care, support family members and other carers, develop policy and create awareness about mental illnesses. We were hosts to the World Congress of the WAPR in 2009 at Bengaluru and have organised seven national conferences and many regional conferences in the past years. This Regional Conference that is being organised is to provide a forum for dialogue and discussion for delegates from the surrounding regions.

The theme of this Regional conference is “Psychosocial rehabilitation: Rights, Equity, Inclusion”. The scientific program is been designed to provide a comprehensive overview and discussion of all the relevant issues concerning psychosocial rehabilitation. The conference is being hosted at Bengaluru, which has become the mental health capital of India, due to the presence of the National Institute of Mental Health and Neurosciences (NIMHANS) and many of the oldest rehabilitation centres from India. The Conference will be held at the NIMHANS Convention Centre and organised by many of our members, in collaboration with other colleagues from NIMHANS.

We hope to have enthusiastic participation from the region for an excellent scientific program and rich interaction and networking among our members. This conference is an excellent opportunity for all stakeholders from the region and beyond, to meet and exchange ideas, become aware of recent updates and the state of the art in psychosocial rehabilitation. On behalf of WAPR- Indian Chapter, we are honoured to invite you for the conference and welcome you for an enriching experience to Bengaluru.

With best wishes,

Dr Mathew Varghese  
President, WAPR (IC)

Dr H Chandrashekar  
Hon Secretary, WAPR (IC)



# Invitation



**Dr. Jamuna Rajeswaran**  
Organizing Chairperson



**Dr. Poornima Bhola**  
Organizing Secretary



**Dr. Himani Kashyap**  
Joint Organizing Secretary

**The Regional International Conference of the World Association for Psychosocial Rehabilitation-Indian Chapter (WAPR-IC) is going to be held on 5th to 7th December, 2024, at the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, an Institute of National Importance.**

**We are honored to have you join us in this cerebral feast of knowledge sharing, collaborations, and explorations that go beyond the walls of traditional understanding. The journey towards understanding and improving psychosocial rehabilitation is a collective and multi-disciplinary effort, and this conference represents a unique opportunity for professionals, researchers, and advocates to come together, exchange ideas, and inspire one another. We hope that you will find this conference not only informative but also empowering.**

**The theme for the Conference is “Psychiatric Rehabilitation: Beyond the Walls” which highlights the importance of home-based and community-based rehabilitation efforts. We aim for the academic deliberations to bring forth the multitude initiatives happening around us.**

**The National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, an Institute of National Importance, is the premiere multidisciplinary institute of the country for patient care and academic pursuit in the field of mental health and neurosciences. Rehabilitation services for persons with mental illness was part of the Institute since its earlier avatar of Mental Hospital, Bangalore in the early 1900s. NIMHANS has made its name in the field of rehabilitation, with world-class services and academic accolades.**

**Spread across 135 verdant acres in the heart of the garden city, the Institute has been fundamental in developing the highest standards of clinical care, setting the benchmarks for the country in post-graduate training, facilitating high-quality and translatable research, and providing leadership for national policy.**



## WAPR-Indian Chapter Office Bearers



**PRESIDENT**

**Dr Mathew Varghese**

**VICE PRESIDENT**

**Dr Alok Sarin**

**ASSOC. VICE PRESIDENT**

**Dr B.R. Ravishankar Rao**

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**Dr Aarti Jagannathan**

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**REGIONAL VICE PRESIDENT, SOUTH-EAST ASIA**

**Dr C. Ramasubramanian**

**SECRETARY GENERAL**

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# Organizing Committee



## Scientific Committee

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**Dr. H Chandrashekhar**

**Dr. Alok Sarin**

**Dr. Keshav Kumar**

**Dr. Krishna Prasad M**

**Dr. Rajkumari P Reddy**

**Dr. Shanivaram Reddy**

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**Dr. Anilkumar TV**

**Dr. Rajesh Kumar**

**Dr. Ajay Kumar**

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**Dr. Gitanjali Narayanan**

**Dr. Ravikesh Tripathi**

**Dr. Babita Gupta**

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**Mr. M S Vasudeva Murthy**

**Dr. Aarti Jagannathan**

**Dr. Anamika Sahu**

**Dr. Nishanth KN**

## Venue & Ceremonies Committee

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**Dr. M Manjula**

**Dr. Nitin Anand**

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**Dr. Jyotsna Agrawal**

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**Dr. Shantala Hegde**

**Dr. Aarti Jagannathan**

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## Souvenir Committee

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**Dr. Nagarathna Chandrashekhar**

**Dr. Paulomi M Sudhir**

**Dr. Manoj Kumar Sharma**



# Registration



SlNo.	Categories*		Early Bird (till 15th October, 2024)	16th October to 15th November, 2024	16th November to Spot Registration
I	Member	Consultant & Faculty	₹ 4500	₹ 5000	₹ 5500
II	Non-Member		₹ 5000	₹ 5500	₹ 6000
III	Member	Clinical Psychologists, PSWs, Psychiatric Nurses, Occupational Therapists	₹ 3500	₹ 4000	₹ 4500
IV	Non-Member		₹ 4000	₹ 4500	₹ 5000
V	Students/Service Users/NGO Personnel		₹ 2500	₹ 3000	₹ 3500
VI	Accompanying Persons		₹ 3500	₹ 4000	₹ 4500

\*Registration fee is inclusive of GST.  
Registration fee for foreign delegates shall be the same.



[Click here OR](#)  
[Scan the QR code on the left to register for the conference!](#)

Account Details/UPI QR Code for payment of Registration Fee:

Name: WAPR-IC Conference Account  
Saving Bank A/c no: 034601000023658  
IFSC Code: IOBA0000346 MICR: 560020008  
Bank: Indian Overseas Bank  
Branch: Jayanagar V Block Branch, Bangalore- 560041





## Call for Abstracts



**Abstracts for free papers, posters and proposals for symposia and workshops are invited from members and non-members of WAPR.**

**Last Date for Abstract Submission-  
Extended till 15th October, 2024**

**All abstracts to be emailed to:  
[scientificwapr2024@gmail.com](mailto:scientificwapr2024@gmail.com)**

### **Instructions for Free Papers/Posters**

**The abstracts should be written within 250 words in a structured format including Background, Aims, Methods, Results and Conclusion. The document should be attached in a MS Office Word format, with font style Times New Roman, font size 12 and single spacing. The presenting author will be the contact person for all correspondence about the presentation. It is mandatory for the presenting author to register for the conference.**

**For the posters, an area of 100cm (height) and 50cm (width) will be provided for the presentation. Charts and drawings should have self-explanatory titles. Posters should be printed and brought by the authors.**

### **Instructions for Symposia/Workshops**

**For workshops and symposia, the topic should be related to the theme of the conference. The abstracts should briefly mention the objective of the workshop/symposium including details of presenting authors. The document should be attached in a MS Office Word format, with font style Times New Roman, font size 12 and single spacing.**

**Pre-Conference Workshops  
5th December, 2024**



## About WAPR

The mission of the WAPR is to disseminate the principles and practices of psychosocial rehabilitation. Aligned with the UN-CRPD (Convention on the Rights of Persons with Disabilities), the WAPR is dedicated to promoting the human rights of individuals with psychosocial disabilities. The WAPR upholds the non-discriminatory rights of all people, including those with psychosocial disabilities, to access health, housing, education, employment, and to participate in social, political, and cultural life, as well as the right to be free from exploitation, violence, and abuse. The WAPR is committed to supporting the recovery of individuals with mental health conditions, emphasizing their full partnership in line with the principle *“Nothing about us without us.”*

## About NIMHANS

The National Institute of Mental Health and Neurosciences (NIMHANS), based in Bengaluru, India, is a leading multidisciplinary institute renowned for its contributions to mental health, neurosciences, and behavioral sciences. Established in 1954, it excels in patient care, cutting-edge research, and advanced education and training. In 2023, NIMHANS gained global recognition by receiving the prestigious WHO Nelson Mandela Award for Health Promotion, honoring its impactful role in public mental health advocacy and services. The Institute continues to lead in clinical care and research in mental health and neurosciences, while shaping public health policies and fostering mental health awareness and advocacy.

## About Bengaluru

Bengaluru, the capital of Karnataka, is a dynamic blend of tradition and modernity, often referred to as the "Silicon Valley of India" for its thriving IT industry. Known for its pleasant climate, it is also celebrated as the "Garden City of India" due to its abundant greenery and iconic parks like Lalbagh Botanical Garden and Cubbon Park. Bangalore is a major hub for education, research, and startups, with numerous tech companies, educational institutions, and research centers headquartered here. The city's rich history is reflected in its heritage sites, such as the Bangalore Palace and Tipu Sultan's Summer Palace, while its cosmopolitan culture is evident in its diverse cuisine, bustling nightlife, and growing art and music scenes. Despite rapid urbanization, the city balances its tech-driven growth with rich history, cultural diversity, and a commitment to preserving its green spaces, making it a unique metropolis that attracts people from across the globe.